

Data: 20 sierpień 2016  
 Nazwa zawodów: VII Bieg Wieczorny Dębno  
 Netto Grupa Biegowa 42,195 Dębno., Gmina Dębno, Dębnowski Ośrodek Kultury.  
 Organizator: Dębno, Dębnowski Ośrodek Kultury.  
 Dystans/Kategoria: Kategorie wiekowe



MIEJSCE KAT.	PŁEĆ	NR STARTOW	IMIĘ	NAZWISKO	MIEJSCOWOŚĆ	KATEGORIA	CZAS KOŃCOWY	MIĘDZYCZAS - I	MIĘDZYCZAS - II	MIĘDZYCZAS - III	MIĘDZYCZAS - IV
1	K	100	NIKOLINA	SZURGOCIŃSKA	GRYFINO	K-20	00:42:48	00:08:10 (17)	00:16:49 (15)	00:25:38 (12)	00:34:25 (12)
2	K	44	KLAUDIA	KOBYDECKA	KOSTRZYN NAD ODRĄ	K-20	00:43:37	00:08:12 (22)	00:16:52 (17)	00:25:44 (15)	00:34:41 (13)
3	K	97	ALEKSANDRA	STANKIEWICZ	DEBNO	K-20	00:48:08	00:08:53 (34)	00:18:20 (37)	00:28:20 (42)	00:38:34 (42)
4	K	22	JOANNA	GŁĄBICKA	KOSTRZYN NAD ODRĄ	K-20	00:59:15	00:10:57 (92)	00:22:04 (91)	00:34:26 (93)	00:46:51 (94)
5	K	95	KATARZYNA	SKRZYPCZAK	KOSTRZYN NAD ODRĄ	K-20	00:59:15	00:10:57 (92)	00:22:04 (91)	00:34:26 (93)	00:46:50 (93)
6	K	26	SYLWIA	GRZELAK	KŁODAWA	K-20	01:05:58	00:11:12 (95)	00:24:13 (101)	00:37:31 (105)	00:51:40 (105)
7	K	86	KATARZYNA	POŚNIAK	CHOJNA	K-20	01:09:03	00:12:39 (104)	00:25:39 (108)	00:40:33 (108)	00:54:38 (108)
1	K	88	KATARZYNA	PRZYGODA	CHOJNA	K-30	00:47:46	00:08:56 (40)	00:18:20 (37)	00:28:09 (37)	00:38:06 (36)
2	K	40	JOANNA	KARSKA	GORZÓW WIELKOPOLSKI	K-30	00:48:49	00:09:18 (50)	00:18:51 (49)	00:28:52 (46)	00:38:54 (43)
3	K	104	MONIKA	WALENTYNOWICZ	GORZÓW WLKP.	K-30	00:49:33	00:09:52 (66)	00:19:50 (62)	00:29:50 (58)	00:39:53 (49)
4	K	29	AGNIESZKA	HYTRY	KOSTRZYN NAD ODRĄ	K-30	00:50:42	00:09:32 (60)	00:19:27 (55)	00:29:45 (55)	00:40:18 (56)
5	K	111	KATARZYNA	WOJTASIK	DEBNO	K-30	00:51:21	00:09:20 (52)	00:19:33 (58)	00:29:58 (59)	00:40:52 (60)
6	K	99	ANETA	SZAR	DĘBNO	K-30	00:52:20	00:09:56 (68)	00:20:16 (64)	00:30:52 (64)	00:41:42 (65)
7	K	90	ANNA	RUDKIEWICZ-SURMACZ	CHOJNA	K-30	00:53:03	00:10:10 (76)	00:20:56 (74)	00:31:55 (70)	00:42:45 (68)
8	K	79	NATALIA	PAWLISIAK	DĘBNO	K-30	00:53:26	00:09:42 (63)	00:20:32 (68)	00:31:39 (68)	00:42:56 (72)
9	K	28	BERNARDETA	HUSZCZA	DEBNO	K-30	00:53:56	00:09:25 (56)	00:20:41 (71)	00:31:52 (69)	00:43:06 (73)
10	K	57	WERONIKA	LESZCZYŃSKA	DESZCZNO	K-30	00:53:57	00:10:02 (72)	00:21:13 (78)	00:32:22 (77)	00:43:17 (76)
11	K	72	MONIKA	NARKIEWICZ	KOSTRZYN NAD ODRĄ	K-30	00:54:12	00:10:30 (87)	00:21:13 (78)	00:32:10 (75)	00:43:14 (75)
12	K	49	PAULINA	KOWALICKA	STRZELCE KRAJEŃSKIE	K-30	00:57:06	00:10:11 (78)	00:21:29 (83)	00:33:16 (83)	00:45:15 (83)
13	K	106	ANETA	WIATROWSKA	DĘBNO	K-30	00:59:53	00:10:47 (91)	00:22:43 (93)	00:35:12 (97)	00:47:59 (99)
14	K	85	EDYTA	PODSADA	GORZÓW WIELKOPOLSKI	K-30	01:02:37	00:11:39 (100)	00:23:54 (99)	00:36:34 (100)	00:49:27 (102)
15	K	54	ANGELIKA	KURKOWSKA	MORYŃ	K-30	01:08:39	00:13:22 (109)	00:27:16 (112)	00:41:24 (113)	00:55:48 (112)
16	K	78	AGNIESZKA	PASZKOWIAK	CHOJNA	K-30	01:09:03	00:12:39 (104)	00:25:38 (107)	00:40:33 (108)	00:54:38 (108)
17	K	16	MAGDALENA	CYTRYNOWICZ	DĘBNO	K-30	01:11:42	00:13:43 (112)	00:27:36 (115)	00:41:39 (115)	00:56:21 (114)
	K	30	MALGORZATA	IDZIAK	DEBNO	K-30	DNF	00:10:28 (86)	00:23:39 (98)	00:37:30 (104)	00:51:40 (105)
1	K	36	MAŁGORZATA	JAZ	MIESZKOWICE	K-40	00:53:32	00:10:10 (76)	00:20:57 (75)	00:31:57 (71)	00:42:45 (68)
2	K	27	KATARZYNA	HEROLD	DĘBNO	K-40	00:56:48	00:10:35 (88)	00:21:56 (87)	00:33:36 (89)	00:45:26 (84)
3	K	32	ELZBIETA	JANICKA	GORZÓW WLKP	K-40	00:57:08	00:10:43 (89)	00:22:02 (89)	00:33:32 (86)	00:45:30 (85)
4	K	50	DAGMARA	KOWALICKA-SZYMCZAK	SANTOK	K-40	00:57:55	00:10:08 (75)	00:21:02 (77)	00:33:43 (91)	00:46:34 (90)
5	K	153	NATALIA	KULIK	GORZÓW	K-40	00:59:49	00:10:02 (72)	00:21:30 (85)	00:34:19 (92)	00:47:52 (96)
6	K	116	JUSTYNA	ZIÓLKOWSKA	TRZCIŃSKO-ZDRÓJ	K-40	01:01:16	00:10:58 (94)	00:22:47 (94)	00:35:06 (96)	00:47:55 (98)
7	K	67	MAŁGORZATA	MOLSKA	KŁODAWA	K-40	01:02:19	00:11:29 (97)	00:23:23 (96)	00:35:48 (99)	00:48:57 (100)
8	K	65	MAŁGORZATA	MATKOWSKA	DĘBNO	K-40	01:02:39	00:11:47 (101)	00:24:14 (102)	00:36:52 (102)	00:49:47 (103)
9	K	75	IZABELA	OKONEK	GORZÓW WLKP	K-40	01:13:16	00:13:43 (112)	00:28:16 (117)	00:43:20 (117)	00:58:16 (117)
1	K	108	BEATA	WINNICKA	DĘBNO	K-50	01:05:20	00:11:48 (103)	00:24:32 (104)	00:37:57 (107)	00:51:38 (104)
1	M	96	PATRYK	SOPATA	DREZDENKO	M-20	00:38:28	00:07:28 (1)	00:15:09 (1)	00:22:53 (2)	00:30:49 (4)
2	M	80	PAWEŁ	PAWLISIAK	DĘBNO	M-20	00:39:45	00:07:39 (7)	00:15:44 (6)	00:23:38 (5)	00:31:51 (5)
3	M	82	GRZEGORZ	PERKA	DĘBNO	M-20	00:43:06	00:07:56 (11)	00:16:13 (9)	00:24:53 (9)	00:34:03 (9)

4	M	83	ŁUKASZ	PICZAK	PRZYNOTECKO	M-20	00:44:09	00:07:31 (5)	00:16:26 (10)	00:25:38 (12)	00:34:59 (15)
5	M	112	WOJTEK	WOŁOWICZ	SZCZECIN	M-20	00:44:13	00:08:08 (15)	00:16:49 (15)	00:25:57 (17)	00:35:17 (17)
6	M	74	BARTOSZ	NIPARKO	DEBNO	M-20	00:44:45	00:08:35 (24)	00:17:21 (23)	00:26:26 (21)	00:35:46 (22)
7	M	18	NATAN	FLESZER	KOSTRZYN NAD ODRĄ	M-20	00:44:48	00:08:24 (23)	00:17:26 (25)	00:26:48 (24)	00:36:03 (24)
8	M	8	PIOTR	BRONIEWSKI	SŁUBICE	M-20	00:45:27	00:08:55 (38)	00:17:46 (28)	00:27:01 (26)	00:36:25 (26)
9	M	91	KAMIL	RUSIN	BRZOWOWIEC	M-20	00:45:27	00:09:03 (43)	00:18:06 (31)	00:27:18 (29)	00:36:33 (28)
10	M	47	MATEUSZ	KOSIŃSKI	SZCZECIN	M-20	00:46:05	00:08:49 (30)	00:17:57 (29)	00:27:12 (27)	00:36:41 (29)
11	M	34	JAKUB	JAWORSKI	DESZCZNO	M-20	00:51:56	00:08:47 (29)	00:18:11 (33)	00:29:17 (50)	00:40:49 (59)
12	M	19	MATEUSZ	GAIK	BRZOWOWIEC	M-20	00:52:56	00:11:24 (96)	00:21:59 (88)	00:32:44 (80)	00:43:20 (77)
13	M	70	MACIEJ	MUDA	WOJCIESZYCE	M-20	00:55:42	00:09:41 (62)	00:20:36 (70)	00:32:05 (73)	00:43:59 (78)
14	M	24	KAMIL	GÓRNI	DĘBNO	M-20	00:56:21	00:09:45 (64)	00:20:43 (72)	00:32:24 (78)	00:44:27 (81)
15	M	150	PIOTR	CIEĆWIERZ	RÓŻAŃSKO	M-20	00:57:29	00:10:14 (80)	00:20:45 (73)	00:33:03 (81)	00:45:31 (86)
16	M	37	MARCIN	JEMCZURA	DĘBNO	M-20	00:58:06	00:11:35 (99)	00:23:10 (95)	00:34:51 (95)	00:46:40 (92)
17	M	120	MATEUSZ	PICZAK	PRZYNOTECKO	M-20	00:59:34	00:10:02 (72)	00:21:15 (82)	00:33:33 (87)	00:46:37 (91)
18	M	15	ARKADIUSZ	CYTRYNOWICZ	DĘBNO	M-20	01:11:42	00:13:43 (112)	00:27:37 (116)	00:41:39 (115)	00:56:22 (115)
19	M	154	RAFAŁ	PODHAJNY		M-20	01:12:19	00:13:11 (107)	00:26:49 (109)	00:41:23 (111)	00:56:31 (116)
1	M	62	ANDRZEJ	ŁUC	SZCZECIN	M-30	00:37:47	00:07:28 (1)	00:15:09 (1)	00:22:52 (1)	00:30:32 (1)
2	M	93	TOMASZ	SIP	GORZÓW WLKP	M-30	00:40:28	00:15:34 (116)	00:23:57 (100)	00:32:21 (76)	00:40:28 (58)
3	M	73	KONRAD	NIEWIADOMSKI	DĘBNO	M-30	00:41:52	00:07:39 (7)	00:16:00 (7)	00:24:41 (7)	00:33:36 (7)
4	M	52	DANIEL	KRAWCZYŃSKI	KOSTRZYN NAD ODRĄ	M-30	00:41:59	00:16:12 (117)	00:24:35 (105)	00:33:16 (83)	00:41:59 (66)
5	M	41	PAWEŁ	KARSKI	GORZÓW WIELKOPOLSKI	M-30	00:43:01	00:08:09 (16)	00:16:36 (12)	00:25:23 (11)	00:34:21 (11)
6	M	51	TOMASZ	KOWALSKI	DĘBNO	M-30	00:44:18	00:08:10 (17)	00:16:46 (13)	00:25:42 (14)	00:35:10 (16)
7	M	58	PAWEŁ	LESZCZYŹYŃ	SZCZECINEK	M-30	00:44:22	00:08:53 (34)	00:17:57 (29)	00:26:49 (25)	00:35:40 (21)
8	M	4	MACIEJ	BARTOSIK	BARLINEK	M-30	00:44:41	00:08:38 (27)	00:17:35 (26)	00:26:47 (23)	00:36:04 (25)
9	M	103	SEWERYN	ŚLESICKI	DĘBNO	M-30	00:44:50	00:08:00 (12)	00:16:48 (14)	00:25:59 (18)	00:35:27 (20)
10	M	11	GRZEGORZ	CICHOŃ	DĘBNO	M-30	00:45:08	00:08:36 (25)	00:17:45 (27)	00:27:16 (28)	00:36:27 (27)
11	M	39	MAREK	JORDAN	ROZANSKO	M-30	00:46:30	00:09:16 (48)	00:18:43 (46)	00:28:15 (38)	00:37:35 (31)
12	M	113	DARIUSZ	ZDANOWSKI	KOSTRZYN NAD ODRĄ	M-30	00:47:09	00:09:18 (50)	00:18:36 (45)	00:28:00 (34)	00:37:35 (31)
13	M	77	ANDRZEJ	OŻAROWSKI	TRZCIŃSKO-ZDRÓJ	M-30	00:48:02	00:08:04 (13)	00:17:19 (21)	00:27:23 (30)	00:38:04 (35)
14	M	92	MICHAŁ	RYBARCZYK	GORZÓW WIELKOPOLSKI	M-30	00:48:03	00:07:53 (10)	00:17:20 (22)	00:27:46 (32)	00:38:10 (37)
15	M	107	MARIUSZ	WIECZOREK	DĘBNO	M-30	00:48:07	00:08:55 (38)	00:18:19 (36)	00:28:19 (40)	00:38:26 (39)
16	M	60	LESZEK	LINEK	DĘBNO	M-30	00:49:06	00:08:57 (41)	00:18:30 (44)	00:28:33 (45)	00:39:04 (45)
17	M	66	DAMIAN	MAZUR	DĘBNO	M-30	00:49:32	00:08:45 (28)	00:18:11 (33)	00:28:19 (40)	00:39:05 (46)
18	M	155	PAWEŁ	RACHWAŁSKI	KOSTRZYN	M-30	00:50:07	00:09:10 (47)	00:18:50 (48)	00:29:23 (51)	00:39:57 (51)
19	M	12	GRZEGORZ	CIOŁEK	DĘBNO	M-30	00:50:32	00:09:28 (57)	00:19:31 (56)	00:29:46 (56)	00:40:09 (54)
20	M	81	MAREK	PELC	SZCZECIN	M-30	00:50:36	00:09:21 (53)	00:19:40 (61)	00:29:58 (59)	00:40:20 (57)
21	M	31	ARTUR	JACKIEWICZ	KOSTRZYN NAD ODRĄ	M-30	00:50:41	00:09:31 (58)	00:19:25 (54)	00:29:44 (54)	00:40:16 (55)
22	M	156	MICHAŁ	KONOPA	WARSZAWA	M-30	00:51:15	00:08:53 (34)	00:18:27 (42)	00:29:05 (48)	00:40:08 (53)
23	M	64	ARTUR	MARGOL	SŁUBICE	M-30	00:54:29	00:10:11 (78)	00:20:22 (67)	00:31:16 (66)	00:42:54 (71)
24	M	117	ŁUKASZ	ŻOŁYŃSKI	KOSTRZYN NAD ODRĄ	M-30	00:55:17	00:10:19 (83)	00:21:13 (78)	00:32:24 (78)	00:43:59 (78)
25	M	69	BARTOSZ	MROCZKA	SZCZECIN	M-30	00:56:57	00:09:56 (68)	00:21:13 (78)	00:33:04 (82)	00:45:10 (82)
26	M	53	GRZEGORZ	KULBICKI	RÓŻAŃSKO	M-30	00:57:41	00:10:14 (80)	00:21:29 (83)	00:33:25 (85)	00:45:41 (88)
27	M	1	PAWEŁ	AMPUŁA	GORZÓW WIELKOPOLSKI	M-30	01:06:25	00:11:47 (101)	00:24:18 (103)	00:37:54 (106)	00:51:55 (107)
28	M	55	MARCIN	KURKOWSKI	MORYN	M-30	01:08:39	00:13:22 (109)	00:27:16 (112)	00:41:23 (111)	00:55:48 (112)
1	M	71	GRZEGORZ	NAGLACKI	SZCZECIN	M-40	00:37:56	00:07:28 (1)	00:15:09 (1)	00:22:53 (2)	00:30:32 (1)
2	M	61	MATEUSZ	ŁANGOWSKI	GORZOW WLKP.	M-40	00:38:31	00:07:28 (1)	00:15:10 (4)	00:22:53 (2)	00:30:44 (3)
3	M	151	MIROŚŁAW	WUJDA	DĘBNO	M-40	00:40:50	00:07:37 (6)	00:15:39 (5)	00:23:50 (6)	00:32:22 (6)

4	M	118	KRZYSZTOF	MOSKALIK	DĘBNO	M-40	<b>00:42:41</b>	00:07:39 (7)	00:16:03 (8)	00:24:50 (8)	00:34:01 (8)
5	M	5	PRZEMYSŁAW	BARTOSIK	BARLINEK	M-40	<b>00:42:44</b>	00:08:04 (13)	00:16:34 (11)	00:25:19 (10)	00:34:12 (10)
6	M	35	KRZYSZTOF	JAZ	MIESZKOWICE	M-40	<b>00:44:33</b>	00:08:11 (21)	00:16:59 (20)	00:26:08 (19)	00:35:25 (19)
7	M	89	MAREK	RACIBORSKI	GRYFINO	M-40	<b>00:45:32</b>	00:08:36 (25)	00:17:21 (23)	00:26:26 (21)	00:35:51 (23)
8	M	56	KRZYSZTOF	LENARTOWICZ	DARGOMYSŁ	M-40	<b>00:46:50</b>	00:08:49 (30)	00:18:07 (32)	00:27:39 (31)	00:37:26 (30)
9	M	46	MARIUSZ	KOMPANOWSKI	LUBISZYN	M-40	<b>00:47:17</b>	00:09:03 (43)	00:18:28 (43)	00:28:08 (36)	00:37:41 (33)
10	M	10	ANDRZEJ	CHRZĄSZCZ	KOSTRZYN NAD ODRĄ	M-40	<b>00:48:17</b>	00:09:16 (48)	00:18:45 (47)	00:28:30 (44)	00:38:28 (40)
11	M	33	JAROSŁAW	JAWIN	KOSTRZYN	M-40	<b>00:49:15</b>	00:09:31 (58)	00:19:07 (52)	00:29:14 (49)	00:39:37 (48)
12	M	101	JANUSZ	SZYDEŁKO	GORZÓW	M-40	<b>00:49:30</b>	00:09:35 (61)	00:19:21 (53)	00:29:39 (52)	00:39:53 (49)
13	M	13	MIROŚLAW	NAPIERACZ	DĘBNO	M-40	<b>00:52:02</b>	00:09:59 (70)	00:20:20 (66)	00:30:48 (63)	00:41:26 (62)
14	M	63	DARIUSZ	MAKOWSKI	CHOJNA	M-40	<b>00:53:47</b>	00:10:20 (84)	00:20:57 (75)	00:31:57 (71)	00:42:50 (70)
15	M	110	ANDRZEJ	WITKOWSKI	GORZÓW WLKP	M-40	<b>00:53:49</b>	00:09:53 (67)	00:20:15 (63)	00:31:12 (65)	00:42:35 (67)
16	M	7	STANISŁAW	BŁAŻKÓW	DĘBNO	M-40	<b>00:56:35</b>	00:13:44 (115)	00:27:07 (110)	00:36:42 (101)	00:45:59 (89)
17	M	3	TOMASZ	BARANOWSKI	GORZÓW WLKP	M-40	<b>00:57:08</b>	00:10:43 (89)	00:22:02 (89)	00:33:33 (87)	00:45:31 (86)
18	M	94	ZENON	SIWIŃSKI	WITNICA	M-40	<b>01:00:22</b>	00:10:26 (85)	00:21:46 (86)	00:33:42 (90)	00:47:08 (95)
19	M	115	ARKADIUSZ	ZIELIŃSKI	DĘBNO	M-40	<b>01:01:00</b>	00:12:50 (106)	00:25:05 (106)	00:37:13 (103)	00:49:22 (101)
1	M	9	KRZYSZTOF	BUKIEL	KOSTRZYN NAD ODRĄ	M-50	<b>00:43:42</b>	00:08:10 (17)	00:16:56 (18)	00:25:48 (16)	00:34:54 (14)
2	M	105	MIROŚLAW	WESOŁOWSKI	DĘBNO	M-50	<b>00:44:19</b>	00:08:10 (17)	00:16:57 (19)	00:26:08 (19)	00:35:24 (18)
3	M	59	LESZEK	LEWANDOWSKI	MYŚLIBÓRZ	M-50	<b>00:47:38</b>	00:08:54 (37)	00:18:18 (35)	00:27:51 (33)	00:37:51 (34)
4	M	119	HENRYK	PAWLAK	SIDŁÓW	M-50	<b>00:48:05</b>	00:08:58 (42)	00:18:20 (37)	00:28:07 (35)	00:38:10 (37)
5	M	48	WALERY	KOWALEWSKI	KOSTRZYN NAD ODRĄ	M-50	<b>00:48:47</b>	00:08:51 (33)	00:18:22 (40)	00:28:16 (39)	00:38:32 (41)
6	M	23	ZBIGNIEW	GOSPODARCZYK	MYŚLIBÓRZ	M-50	<b>00:49:13</b>	00:08:50 (32)	00:18:23 (41)	00:28:26 (43)	00:38:58 (44)
7	M	43	ZBIGNIEW	KLUCZYŃSKI	KOSTRZYN NAD ODRĄ	M-50	<b>00:49:22</b>	00:09:49 (65)	00:19:32 (57)	00:29:43 (53)	00:39:59 (52)
8	M	25	BERNARD	GÓRSKI	MIERNO	M-50	<b>00:52:37</b>	00:09:22 (54)	00:19:39 (60)	00:30:28 (62)	00:41:36 (63)
9	M	17	PIOTR	FABIAN	TRZCIEL	M-50	<b>00:52:57</b>	00:09:24 (55)	00:19:34 (59)	00:30:26 (61)	00:41:41 (64)
10	M	21	JÓZEF	GLURA	LUBISZYN	M-50	<b>00:54:33</b>	00:10:15 (82)	00:20:16 (64)	00:31:26 (67)	00:43:13 (74)
11	M	109	DARIUSZ	WINNICKI	DĘBNO	M-50	<b>00:55:17</b>	00:09:59 (70)	00:20:33 (69)	00:32:05 (73)	00:43:59 (78)
12	M	102	HENRYK	SZYSZKA	DĘBNO	M-50	<b>00:59:50</b>	00:11:32 (98)	00:23:25 (97)	00:35:33 (98)	00:47:53 (97)
1	M	42	JAN	KLICZKA	WITNICA "GORZOWSKA"	M-60	<b>00:49:19</b>	00:09:06 (45)	00:18:53 (50)	00:29:02 (47)	00:39:18 (47)
2	M	76	KAZIMIERZ	OKONEK	GORZÓW WLKP	M-60	<b>00:52:14</b>	00:09:07 (46)	00:18:57 (51)	00:29:49 (57)	00:40:54 (61)
3	M	45	JERZY	KOLACZYK	MORYN	M-60	<b>01:09:09</b>	00:13:21 (108)	00:27:07 (110)	00:41:17 (110)	00:55:36 (110)
4	M	152	TADEUSZ	WÓJCIK	GRYFINO	M-60	<b>01:09:09</b>	00:13:22 (109)	00:27:16 (112)	00:41:24 (113)	00:55:47 (111)